



**Bristol Plymouth Regional High School**  
**Want nutritional Information? bptech.nutrislice.com**

**LUNCH MENU SEPT. 5, 2016 THRU SEPT. 9, 2016**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>PLAYBOWL</b>				
LABOR DAY OBSERVED	<b>CHICKEN TENDERS</b>	<b>TUSCAN NOODLE BOWL</b>	<b>BP BOWL</b>	<b>SOFT BEEF TACO</b>
NO LUNCH SERVICE TODAY	Steamed Brown Rice Mixed Vegetable Medley Choice of Sauces: Sweet & Sour Buffalo General Tso	Whole Grain Dinner Roll	Crispy Pop Corn Chicken Creamy Mashed Potatoes Sweet Corn Chicken Gravy Whole Grain Dinner Roll	Mexican Beans Lettuce, Tomatoes Salsa, Sour Cream
<b>GRILL: CHEESEBURGERS AND CHICKEN PATTIES SERVED DAILY</b>				
	Buffalo Chicken Patty Crispy Fish Filet Veggie Burger	Cajun Chicken Patty Crispy Fish Filet Veggie Burger	BBQ Rib a Que Sandwich Crispy Fish Filet Veggie Burger	Buffalo Chicken Patty Crispy Fish Filet Veggie Burger
<b>HARVEST OF THE MONTH: TOMATOES</b>				
<b>CRUST AND STUFF: CHEESE AND PEPPERONI PIZZA SERVED DAILY</b>				
	Roasted Vegetable Flat Bread Roasted Vegetable Tortilla Fold	Beef Taco Pizza	Buffalo Chicken Flatbread	Hamburger Pizza
<b>GLOBAL WEDNESDAY'S ( featuring menu items from all over the world)</b>				
<b>SO DELI</b>				
Made to order sandwich and salad bar with your choice of: Assorted deli meats, cheeses and toppings				
<b>OUT TAKES: CHICKEN CAESAR WRAPS AND CHICKEN CAESAR SALADS SERVED DAILY</b>				
	Garden Salad w/ Grilled Chicken & Cheese Classic Tuna Salad Buffalo Chicken Wrap	Garden Salad w/ Grilled Chicken & Cheese Greek Salad w/ Chicken Buffalo Chicken Wrap	Garden Salad w/ Grilled Chicken & Cheese Buffalo Chicken Salad Buffalo Chicken Wrap	Garden Salad w/ Grilled Chicken & Cheese Turkey & Ham Chef Salad Buffalo Chicken Salad
	Honey Mustard Chicken Wrap	Sante Fe Turkey & Cheddar Wrap	Buffalo Ranch Chicken Salad	Spicy BBQ Chicken Wrap
Salads offered with two dinner rolls				
<b>EXTRA EXTRA: ASSORTED FRESH FRUIT OR CHILLED FRUIT OFFERED DAILY ~~~~~~ TOSSED SALAD OR CAESAR SALAD OFFERED EVERYDAY</b>				
	Cauliflower Red & Green Pepper Strips Power Carrot Sticks Marinated Cucumbers Broccoli Florets	Mediterranean Salad Fresh Sugar Snap Peas Buffalo Roasted Cauliflower Cherry Tomatoes Roasted Carrot Fries	Kidney Beans Roasted Zucchini & Yellow Squash Broccoli Florets Garbanzo Beans Celery Sticks	Three Bean Salad Red & Green Pepper Strips Citrus Chicken Pea Salad Sliced Cucumbers Buffalo Roasted Broccoli

What makes a meal? Meal, 2 side dishes and a choice of MILK. MILK choices include 1% white and skim chocolate.

**SEPT. FOOD FOCUS: RED & ORANGE VEGETABLES**

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