

Dear Student Athlete:

The 2010 football season is just around the corner. The coaches know you are looking forward to a great year. The first day of practice will be on Monday, August 23, 2010. It will be a single session preceded by equipment hand out. The timeframe for your arrival on the 23rd is as follows:

- Seniors – 8:30 am
- Juniors – 9:00 am
- Sophomores – 9:30 am
- Freshmen – 10:00 am

We have staggered the times to alleviate crowding while we fit everyone with equipment. Day one will conclude at about 2:00 pm. The tentative schedule is as follows:

- August 23 – 8:00 am – 2:00 pm (arrival time to vary depending on class)
- August 24 – 9:00 am – 3:00 pm (includes lengthy Lunch)
- August 25 – 9:00 am – 3:00 pm
- August 26 – 9:00 am – 3:00 pm
- August 27 – 9:00 am – 3:00 pm
- August 28 – **Scrimmage**
- August 30 – 9:00 am – 3:00 pm
- August 31 – 9:00 am – 3:00 pm
- September 1 - Regular Practice, 2:45 pm – 5:30 pm
- September 2 – 2:45 pm – 5:30 pm
- September 3 – **Scrimmage at Norton** – 6:00 pm

Most of you have taken care of your physicals, but a reminder to those who have not:

- You will not be able to practice until our trainer has your physical papers in hand.

I hope you are all having a great summer and I am looking forward to meeting with you on August 23, 2010.

Sincerely,

Coach Parris